

MAN ENOUGH CAFÉ

Redefine and Empower Masculinity Project



Tuesday November 27th 2018, 6:30-8:30pm
West End Library @ WEE Meeting Room
2301 L St NW, Washington, DC 20037

Join the conversation!

www.facebook.com/manenoughcafe/

The fact of the matter is that boys stop talking about their emotions around age 14 or 15. That's the same age suicide rates for boys is 5x greater than the rate is for girls. This rejection of emotions is one of the reasons men are more addicted to drugs and alcohol, and commit about 90% of all violent crime. Suicide is the top killer for men under the age of 50.

What is in the foreseeable future if we continue to allow our society to make it impossible for boys and men to express themselves emotionally is more violence, more suicide, more depression and less connectedness.

The Man Enough Café is an opportunity for both men and women to come together over coffee to share their thoughts and feelings around masculinity to increase awareness and understanding in order to build community and connection.

This is a free event open to the general public. We ask you be respectful and open to hearing different perspectives and opinions.